

We are accredited in the Lewis Method of Co-Resolve, Deep Democracy Levels 1-4 and the LDD Accredited Facilitation program.

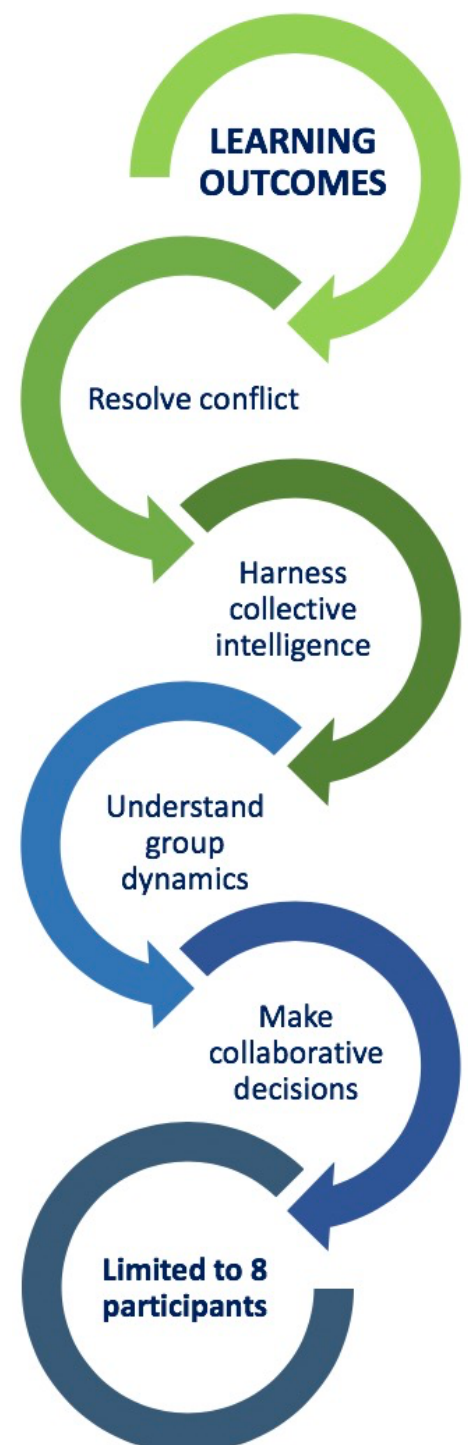
These are all internationally recognized methodologies for leaders and unlock the wisdom of teams through collaborative decision-making and constructive conflict resolution. [www.lewisdd.com](http://www.lewisdd.com)

## Deep Democracy Level 1

Level 1 provides the foundation theory & skills of Lewis Deep Democracy.

### Key outcomes of level 1 include:

- the ability to effectively gain all the views within a group, and why this is invaluable
- the ability to recognise the minority voice and / the 'NO', create and hold the space for its expression, and how to add its value into majority decision making
- knowing how, when and why decision making processes build resistance
- understanding group dynamics from the perspectives of role theory and field theory
- the ability to facilitate processes that support groups to engage constructively with tension and experience the transformative potential of conflict
- insights into how to apply and use the theory and tools in your facilitation and consulting work as well as in your personal life





## Deep Democracy Level 2

### Key outcomes of the level 2 course include:

- deeper integration of Lewis Deep Democracy theory and practice into your work
- increasing your ability to facilitate from the different positions of facilitator, leader and participant
- an extension of your knowledge and skills regarding Step 5 of LDD, learning the Debate, the Argument and the Golden Arrows, doing them in pairs and in groups and meetings
- deepening your understanding of roles and role mapping
- strengthening your understanding and practice of neutrality, including learning the Neutrality Exercise

## Deep Democracy Level 3

### Key outcomes of the Level 3 program include:

- enhanced ability to “hold” a group where there is conflict, and manage the processes for its resolution
- increased sensitivity to the metaskill of neutrality, recognizing quickly when you have lost it and knowing how to regain it
- the skills of reflective listening and amplification.

## Deep Democracy Level 4

### Key outcomes of the Level 4 program include:

- exploration of the psychological models that have been developed and adapted to form Lewis Deep Democracy, including the work of Freud, Bern, Erskin, Jung and Mindell
- an understanding of your own deeper psychology
- further exploration of Lewis Deep Democracy from both a Newtonian and quantum lens
- deeper understanding and development of metaskills
- access to further practice and supervision



## CoResolve

This internationally acclaimed innovative program equips leaders to improve teamwork and decision making, backed by proven results that are highly impactful and sustainable. The workshop includes unique experiential tools for dealing with the tensions that inevitably arise on the Leadership path. It unlocks the wisdom inherent within teams through collaborative decision-making and constructive conflict resolution.

CoResolve is based on the Lewis Method of Deep Democracy developed in post-apartheid South Africa and practiced in over 20 countries around the world. The methodologies and tools taught in this course are useful for resolving relationship and group dynamics that are emotionally charged or marked by diversity and difference. In CoResolve we have honed these tools for leaders.

CoResolve gives you the theoretical background, instructions, experiential learning opportunities, and long-term support that you need to begin using the most powerful and essential tools of The Lewis Method of Deep Democracy in your leadership.

### LDD Accredited Facilitation Program

The Accredited Facilitator Program (AFP) is a competency-based learning program ensuring participants gain high levels of mastery as group facilitators. We recognise that every facilitator has the need for professional support to anchor learning, reflect on practice and support personal growth. On completion of the AFP you become a licensed LDD Facilitator. This includes monthly supervision in small groups with an Elder of the community.